

Registration:

9:00 a.m. – 9:30 a.m.

Program Hours:

9:30 a.m. – 3:45 p.m.

Program Location:

Georgia Aviation Technical College
Middle Georgia College
71 Airport Road
Eastman, Georgia 31023
478-374-6980

Program Cost:

Professionals - \$35.00
Family Caregivers - \$25.00
GGS Members - \$25.00
Students - \$20.00

Lunch will be included.

Questions? Call Toll Free:

1-888-367-9913

Or e-mail: kbkeith@dhr.state.ga.us

Who should attend?

Family Caregivers

Professional Caregivers

Senior Adults

Grandparents Raising Grandchildren

Public/Private Sector Businesses

Law Enforcement

Faith & Community-Based Organizations

Anyone that is, has been, will be, or will have need of a caregiver now or in the future. (That's all of us! ☺)

Directions to Conference:

From the east (via Eastman-Soperton Hwy/SR-46): Turn Right onto Bay Springs Rd/Home Rd – go 3 mi.; Turn left onto Airport Rd – go 1.7 mi; Arrive at 71 Airport Rd.; Eastman, GA.
From the west (via Eastman-Soperton Hwy/SR-46): Turn left onto Airport Rd – go 1.7 mi; Road name changes to Behlehen Rd.-go 1.2 mi; Road name changes to Airport Rd.; Arrive at 71 Airport Rd. Eastman, GA.

**Heart of Georgia Altamaha
Regional Development Center**
Area Agency on Aging
331 W. Parker Street
Baxley, GA 31513

**The Heart of Georgia Altamaha RDC
Area Agency on Aging & CARE-NET**

In partnership with

**The Alzheimer's Association – GA Chapter
Care Improvement Plus
The Georgia Gerontology Society
The Rosalynn Carter Institute**

Present the

**5th Annual
“Caregiving
From the Heart”
Conference**

**“Caregiving by the Seat of
Your Pants”**

November 13, 2008



Ms. P.K. Beville, M.S.
Founder, Second Wind Dreams

PROGRAM AGENDA

...A Salute to all Caregivers...

9:00 a.m. Registration, Exhibits

9:30 a.m. Welcome & Introductions

Alan Mazza, Executive Director, HOGA RDC
Gail H. Thompson, Director, AAA
Jennie Deese, President, GGS

9:45 a.m. Caregiver of the Year Awards for the HOGA Region

Amy Tribble, RCI Director State Initiatives
Linda Hunter, Assistant Director, AAA
Kathy Keith, SPC, AAA

10:00 a.m. P.K. Beville, MS
Founder, Second Wind Dreams

Caregiving by the Seat of Your Pants- Part I

11:30 a.m. Sybil Pruitt

A Salute with Laughter

11:50 a.m. Ken Brooks
Associate Pastor, FBC, Cochran

Powerful Tools for Caregivers Invocation

12:00 Noon *A Salute with Lunch*

*Cranberry Chicken, Roast Beef & Gravy
Rice Pilaf
Squash Casserole
Green Beans Almondine
Rolls & Butter
Iced Tea with Lemon
Fresh Fruit Cobbler with Whipped Cream
"A Taste of Home" Catering – Eastman, Georgia*

12:45 p.m. Break & Exhibits

1:00 p.m. The Stringers

A Salute with Music

1:30 p.m. P.K. Beville, MS
Founder, Second Wind Dreams

Caregiving by the Seat of Your Pants – Part II

3:00 p.m. Door Prizes

A Salute with Prizes

3:15 p.m. Ginny Helms
Vice Pres., Chapter Svs/Public Policy
Alzheimer's Association, GA Chapter

Early Memory Loss

3:30 p.m. Closing
Jennie Deese & Kathy Keith

A Farewell Salute

Caregiving by the Seat of Your Pants

"Caring for an aging loved one carries with it more responsibility than caring for a child. This is verified by the fact that the highest suicide rate of any population is among caregivers. Sadly, there is no one size fits all approach to caregiving. Every family and every elder is different. Whether you are a long distance caregiver, in home caregiver or a caregiver that is caring for someone with Dementia or Alzheimer's Disease, the pressure is tremendous and the answers few even though everyone seems to want to tell you what you should do. Add to all of this, the reality that many caregivers have to work and care for their own families.

This program is designed to give hope to caregivers by giving them practical approaches to care. This program is close to the presenter's heart as she has been a professional caregiver, caregiver researcher and family caregiver herself."

www.secondwind.org

Heart of Georgia Altamaha
Regional Development Center
Area Agency on Aging

5th Annual "Caregiving From the Heart" Conference November 13, 2008

Registration Form

Name

Agency

Address

City/State/Zip

County

Day Phone

E-mail Address

Please mark the type of registration (X):

1. _____ Professionals: \$35.00
2. _____ Family Caregivers: \$25.00
3. _____ GGS Members: \$25.00
4. _____ Students: \$20.00

Space is limited so please fax or mail registration form and mail check to:

Heart of Georgia Altamaha (HOGA)
Regional Development Center
Area Agency on Aging
331 W. Parker Street
Baxley, GA 31513
Fax: 912.367.3640
Phone: 912.367.3648